#### How to make a referral

Step 1 - Identify emerging need and ensure Esteem Early Help is the appropriate referral route. Gain consent from parent or carer.

<u>Step 2</u> - Complete and submit referral form to the Esteem Early Help Team

If you are worried that a child is suffering or at risk of significant harm you can contact;

Call Derbyshire; 01629 533190 First Response 0800 1313126

If a child is at serious risk do not hesitate to contact 999

# **Key Worker Information**

#### **Early Help Manager**

Hannah Longley

07572373940

### **Early Help Key Workers**

Chantelle Taylor-Walster

07572373932

Bec Baber

07572373957

Timara Soar-Hamilton

07572373798

**Chloe Newbold-Davies** 

07572373959

**Rachel Hopkinson** 

07572373944



# **Esteem Early Help Team**







Helping Our Pupils Emotions

The Hope Project is a low-level (Tier two) early intervention project aimed at supporting the emotional needs of pupils in schools. This is through 1:1 listening sessions and or group activities.

HOPE is usually a 6-8 week programme of weekly 1:1 sessions.

HOPE is not a counselling or a therapy service.

Referral form received, accepted and allocated

Referrer informed of decision and contact details shared

Initial meeting to assess the young person or family needs

Tier 2 family support

OR

HOPE or specific support for a young person

An action plan is produced with the family, using EHA if appropriate Meeting is arranged to baseline emotional needs of child

Targeted support which may include additional referrals and multi agency meetings

6-8 week HOPE sessions and reassessment

On completion of planned support, closure is discussed with the family/young person. The initial referrer will be informed when the case is closed

## What is Early Help?



**What?** Early help means taking action to support a child, young person or their family early in the life of a problem, as soon as it emerges.

Early Help is safeguarding—but it is not child protection.

The right early help at the right time can prevent some families escalating into child protection.

Who? It can apply to all children, young people and their families who need support within the threshold of Tier 2. For guidance on thresholds please go on the Derbyshire.gov.uk website, search 'early help,' there is a information document on early help and a link to guidance on thresholds.

**Why?** Early help is provided to prevent or reduce the need for specialist interventions unless they are absolutely the correct response to meet the need and resolve the problem.

**How?** By completing a referral to the Early Help Team. If accepted, this referral will be allocated to a Early Help Key worker.